



YSL Packing List

We're excited that you're willing to spend one week of your summer serving as a YSL at Camp Omega. As you prepare for the week, please keep in mind that campers look up to you and often model themselves after you. All clothing and other items that you bring need to be appropriate and not hinder or deter any campers, counselors, or other YSLs from having a Christ-centered experience at camp. If you have any questions about what to bring, please do not hesitate to contact us.

Please bring the following:

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| <input type="checkbox"/> Short and long-sleeve t-shirts | <input type="checkbox"/> Personal toiletries
(soap, shampoo, toothbrush, etc) |
| <input type="checkbox"/> Sweatshirts-Fleece | <input type="checkbox"/> Sunscreen and bug spray |
| <input type="checkbox"/> Jeans | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Shorts
(suitable for playing running games) | <input type="checkbox"/> Sleeping Bag |
| <input type="checkbox"/> Tennis shoes | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Flip-flops | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Swimsuit (one piece/appropriate) | <input type="checkbox"/> Bible |
| <input type="checkbox"/> Rain gear | |

Do not bring:

- | | |
|---|--|
| <input type="checkbox"/> Alcohol, tobacco, or illicit drugs | <input type="checkbox"/> CDs, CD players, stereos, video games or other unnecessary electronic devices |
| <input type="checkbox"/> Weapons (including pocketknives) | <input type="checkbox"/> Electric guitars |
| <input type="checkbox"/> Inappropriate reading material | |

Optional Items

- Money for Canteen, YSL t-shirt, and camp picture
- Guitar or other acoustic instrument suitable for campfire
- Fan (if serving on Main Camp)

Additional Items

- **Cell phones**—Counselors and YSLs are not allowed to carry cell phones with them. All YSL cell phones will be collected upon arrival and locked in the office. YSLs may request to use their cell phone during a designated time and only in the lower Retreat Center.
- **iPods**-Counselors and YSLs are not allowed to carry iPods or other electronic music devices with them during the day. YSLs are allowed to listen to iPods only during designated times and after lights out at night. Any iPod misuse will result in revocation of privileges.
- **Instruments**—YSLs who play guitars or other acoustic instruments suitable for campfire are allowed to bring these instruments to camp. However, please keep in mind that YSLs should keep their focus on the campers.
- **Medications**—All prescription and over-the-counter medication must be turned in to the Health Care Volunteer at the beginning of the week. He or she will dispense as specified on the YSLs Health History Form and Camper Medication Form.
- **Cars**—YSLs who drive to camp must park their personal vehicles behind the Dining Hall before camper Registration begins. YSLs must turn in their keys to the Program Coordinator who will keep them locked in the office and return them at the end of the camp session.
- **Dress Code**—Please bring clothing that is modest and appropriate for daily camp activities (i.e. walking outdoors, participating in running games, etc). The Program Coordinator, Program Director, or Executive Director may ask YSLs to change into more suitable clothing at their discretion.

Camp Omega is not liable for damage, destruction or loss of any personal items brought to camp. If you are worried about losing or damaging any personal item, please refrain from bringing that item to camp. We strive to maintain a true, authentic outdoors experience for the campers, showing them a way to worship our Lord in an outdoor setting. Electronic or communication devices such as iPods and cell phones may hinder that focus if used inappropriately. Please use your common sense and discretion in what you bring to Camp Omega. If you have any questions or concerns, please contact us.