

Camp Omega's Care Outline for Developmentally Disabled Summer Camp Session

We are glad that you are interested in participating in Camp Omega's summer camp session for people with developmental disabilities! While Camp Omega's goal is to provide a safe environment and ensure every camper enjoys their stay in God's creation, we do not have the resources and staffing of a health care facility. The Camp Omega staff is trained in CPR, First Aid and AED only.



The Camp Omega staff is able to provide care based on the following definitions:

- **Eating:** Participant is able to eat independently. Verbal direction with minimal assistance will be provided during mealtime. Staff will address dietary restrictions if previously communicated as able.
- **Hearing:** The camp participant is able to understand and respond to basic verbal directions as needed to perform day to day living skills and other general tasks.
- **Speech:** While speech skills may be limited, camper is able to verbally communicate needs and respond to basic verbal directions as needed to perform day to day living skills and tasks.
- **Mobility:** Participant is able, either by walker or wheel chair, to participate in the typical camp activities. A golf cart is available to help aid in transportation, however to fully enjoy the camp experience, a participant will spend a considerable amount of time moving from place to place including areas that are uneven and grassy.
- **Dressing/undressing:** Camper can independently make clothing selections and manage dressing and undressing with only occasional verbal cues from staff.
- **Toileting:** Participants are able to manage their personal care tasks and products with no assistance other than minimal verbal cues and directions. Participant is able to access the toilet independently and does not require staff supervision.
- **Showering:** Participant can access the shower area, manage appropriate shower hygiene and wash hair independently without staff supervision.
- **Hygiene** (shaving, brushing teeth, etc.): Participant can independently perform adequate daily hygiene tasks with minimal verbal cues or reminders.
- **Seizures:** Staff is not trained to manage participants who have a history of seizures.
- **Skin problems:** Staff is trained to treat only basic first aid skin irritations. Health care volunteers dispense medications per written direction.
- **Behavior:** Participant is able to respond to verbal direction and cues from staff within reasonable time frames and can relate agreeably to other campers. Staff is not trained to manage violent, overly emotional, extreme behaviors or behaviors that would be overly disruptive or upsetting to other campers.

In addition to reviewing this document, please complete and return the Camper Information Sheet.