

KNOWN: Personally

Psalm 139:1-6

"You have searched me, Lord, and you know me." -Psalm 139:1 NIV

Think about the person you know best. Is it a family member? A close friend? That person is incredibly complex and has many things that you know about them, but also many things that you don't know. There are so many things that make someone unique and we probably don't know everything about them. People grow and change on the outside and it is easy to see, but people also change on the inside and that is harder to see, even if you know them well. Now think about the person who knows you best. Do you think that person knows everything about you? Or are there still some things that are a secret from them?

In Psalm 139 verses 1-6, we can see that there is someone who knows everything about us. God cares so much about us that he knows our day to day activities. He knows when we get up, brush our teeth, and eat breakfast because he cares about us. In Luke 12:7, Jesus tells us that he loves us so much that he knows how many hairs are on our head! This attention to detail can only come from someone who loves us so incredibly much that he wants to know everything about us.

Sometimes we feel like we are alone, or that nobody cares about us. Have you ever felt like nobody was paying attention to you? Even when we feel sad and alone, we know that there is someone who is always there for us. Jesus, who is God, knows us completely and will always be there for us. He wants us to talk to him and let him know what is going on. Even though he does already know what is going on in our lives, he has invited us to talk to him in prayer and form a relationship with him.

James 5:13 says, "Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise." In each and every situation, God wants us to talk to him and we can be assured that he hears us. Because God loves us and knows us so well, he knows what is best for us and will bless us according to his incredible plan.

Let's Pray:

Dear Jesus, thank you for knowing us. You know everything about me, and you love me! Please help me to remember that you are always there for me and I can come to you in prayer. Amen.

