



# Welcome to Summer Camp at Camp Omega!

## So You're Registered...! Everything You Need to Know.

### Important Items:

- **Check-in runs from** 6:00pm – 7:00pm for all sessions, including Sundays, midweek sessions & Fridays.
- **No supper** will be served on the first day of the session.
- **Leave all Luggage** in your vehicle until after you go through the check-in process for your session.
- **All Medication** (prescription and over-the-counter) must be turned in during the check-in process.
- **Check-out** on the last day of the camp session is approximately 11:30am and follows the 11:00am closing celebration on the last day of camp. Prior to departing, all campers must be signed out by one of the pre-authorized adults with the counselors.

**Camp Omega**  
22750 Lind Ave  
Waterville, MN 56096  
**Phone:** 507.685.4266  
**E-mail:** info@campomega.org  
**Website:** campomega.org

### What to Bring

The following items are recommended for all summer camp sessions.

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Long Pants                         | <input type="checkbox"/> Bible        |
| <input type="checkbox"/> Shorts                             | <input type="checkbox"/> Pillow       |
| <input type="checkbox"/> T-Shirts                           | <input type="checkbox"/> Sleeping Bag |
| <input type="checkbox"/> Sweatshirts                        | <input type="checkbox"/> Bug Spray    |
| <input type="checkbox"/> Socks                              | <input type="checkbox"/> Flashlight   |
| <input type="checkbox"/> Underwear                          | <input type="checkbox"/> Sunscreen    |
| <input type="checkbox"/> Tennis Shoes (required)            | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Sandals                            | <input type="checkbox"/> Toiletries   |
| <input type="checkbox"/> One-piece Swimsuit                 | <input type="checkbox"/> Towel        |
| <input type="checkbox"/> Envelopes and stamps               | <input type="checkbox"/> Rain Gear    |
| <input type="checkbox"/> Small Fan (no outlets in outposts) |                                       |

Also, please bring the following items if you are attending one of the specialty camps below:

#### **Survivor**

- ☐ Release form (online)
- ☐ Sunscreen with UVP 30+

#### **Horse Camp**

- ☐ Close toed shoes or boots
- ☐ Long pants for every day

#### **Servant Event**

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Work Pants          | <input type="checkbox"/> Work Shirts  |
| <input type="checkbox"/> Work Gloves         | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Work Boots or Shoes | <input type="checkbox"/> Extra Socks  |

### What NOT to Bring

- ✗ Cell phones
- ✗ CD, MP3 players or iPods & other electronics
- ✗ Alcohol & drugs (see medications section)
- ✗ Knives or weapons
- ✗ Food
- ✗ Immodest or revealing clothing and swimsuits
- ✗ Clothing that could be offensive in language or graphics.
- ✗ Any valuables
- ✗ Personal Sports Equipment or Pets

### Canteen (Camp Store)

Snack and drink items for purchase daily. Clothing merchandise may be purchased only during check-in and departure days.

#### **Daily Items:**

- candy bars – crackers – granola bars – soda-ice cream – water – Gatorade

We recommend depositing \$25-35 for five-night sessions and \$15-20 for two-night sessions into their camp store card using your Camp Omega "My Account." Remaining balances may be refunded or donated to the summer mission program.

### Medications

During Registration, parents and campers must turn in all prescription and over-the-counter medicine to the Health Care Volunteer. He or she distributes all medication on a prescribed or as-needed basis and as directed by the camper's instruction sheet. Medication must be in original packaging, bottles or containers. To simplify the check-in process please fill out the Health Form including accurate medication administration information thoroughly.

### Photos & Camper Mail

Throughout the week of camp photos will be taken of camp activities. Be the first to know what's happening on camp through your private online photo gallery and send and receive electronic messages by logging into your Camp Omega account. Camp Omega's partnership with SmugMug makes it easy to view photos. These services are available for purchase online through your "My Account" at campomega.org.

Campers can receive mail through the USPS. Campers can also send letters. Parents are encouraged to supply their children with envelopes and stamps. Envelopes and stamps may also be purchased at the Canteen.

[Camper's Name]  
c/o Camp Omega  
22750 Lind Ave  
Waterville MN 56096